



GET YOUR SMILE MAKEOVER

YOU REALLY CAN TRANSFORM YOUR SMILE

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Smile Makeover:

A smile makeover is a comprehensive cosmetic dentistry process to improve the appearance of your smile. Taking into consideration such factors as facial appearance, skin tone, hair color, teeth, gums, and lips your dentist will work with you to design the ideal smile.

Just as each person's appearance is unique, each smile makeover must be customized by a trained dentist to include unique factors and desires. A smile makeover can involve a variety of procedures, and often, patients will get to see a smile preview of what the finished smile will look like - before any dental work actually begins!

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Approximately \$2 billion a year is spent on dental products in the U.S. such as toothpaste, mouthwash, floss, and toothbrushes.

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In this eBook, you will learn about all the treatments and processes that might be involved in your smile makeover.

Composite Anterior Bonding:

Using a composite resin material, dental bonding is used on the front teeth and is the easiest, most conservative and most economical way to repair minor imperfections like chips, stains, and gaps.

The composite material is color blended and then applied to the tooth/teeth, sculpted and shaped to cover any damages or gaps and then hardened. It can usually be finished in one visit in just a couple of hours. Once hardened, composite resin is very durable and can withstand day-to-day wear and tear. Nevertheless, you should still avoid eating hard substances (such ice or hard candies) to guard against chipping.

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The American Academy of Cosmetic Dentistry (AACD) estimates that 2/3 of cosmetic dentistry patients are female.

Gum Contouring:

Healthy, well-contoured gums complement the teeth and help to create a beautiful smile. Gum contouring involves the removal of excess gum tissue to create a more aesthetically pleasing proportion of gum to visible tooth surface. “Gummy smile” is a common problem and easily corrected with this procedure.

A special laser is used to carefully trim away any excess gum tissue. The procedure typically takes an hour and usually only requires a topical anesthetic. Because of the special cauterizing effect of the laser, the gum tissue will usually heal quickly and with very little discomfort. The results of this procedure are immediate and permanent.

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Soft tissue lasers do not “cut”. They are light-based technology that “vaporizes” or “melts” away tissue.

Teeth Whitening:

One of the quickest and most dramatic changes to your smile can be made by whitening the teeth. Everyone's teeth yellow over time because of the build up of surface plaque and eating foods that stain the teeth, with the help of your dentist removing this discoloration is easy and quick.

In-office whitening can get teeth brighter faster than an at-home whitening kit. A combination of professional grade bleaching material and a special light designed to strengthen the whitening effect are used by your dentist to get your teeth back to their pristine appearance. Teeth generally will get 3 to 8 shades whiter in just a short office visit.

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According to the American Dental Association (ADA), a person's smile outranked eyes, hair and body as the most important physical feature.

Veneers:

Dental veneers are wafer-thin, custom-made tooth covering. Made of tooth-colored materials, they are designed to cover the front surface of teeth. Once bonded to the tooth surface, they can be used to change color, shape, size, or length.

Veneers can be made from either porcelain or resin composite materials. Porcelain is prized for its outstanding ability to mimic the light reflecting qualities of natural teeth. It is also extremely durable and stain resistant. Resin composites are thinner, so less natural tooth surface has to be removed to place them. Each material has its advantages and disadvantages and your dentist will be able to help you decide which option would be best for you.

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Porcelain has great crushing strength but poor tensile strength, so you should avoid anything that will tend to twist the laminate surface of your restorations such as opening nuts with your teeth.

Flippers:

Flippers are one of the least expensive ways to replace a missing tooth. It's mainly used as a temporary replacement for a missing tooth or teeth while your dental bridge is being created or while your gums are healing after dental implant placement.

Made of acrylic, a sheer pink plate is molded to fit the palate if used for upper or just inside the teeth for the lower. An acrylic tooth/teeth, color blended to match the rest of your teeth, is attached and the flipper fits snugly into place in the mouth. Built more for aesthetics than strength, they should be removed to eat and also need daily cleaning.

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In Vermont, it's illegal for a woman to wear false teeth without the written permission of her husband.



Give us a call &
GET YOUR SMILE ON!

SCHEDULE YOUR APPOINTMENT



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